

Full menu served daily 11am – 4 pm

SHAREABLE

- Painter's Palette** 15
lemon-dill hummus, guacamole, sun-dried tomato pesto, local veggies, lavosh
CAL 587 FAT 18g PRO 15g CARB 90g
- Green Curry Chicken Lettuce Wraps** 12
garden herbs, local veggies, butter leaf
CAL 195 FAT 10g PRO 14g CARB 14g
- Pear Bruschetta** 9
pear, goat cheese spread, dried cranberry, arugula, Saba, Queen Creek Olive Oil
CAL 796 FAT 33g PRO 26g CARB 103g
- Rice Paper Shrimp Roll** 12
daikon, mint, basil, carrot, spicy tamarind sauce
CAL 175 FAT 1g PRO 8g CARB 35g
- **Tuna Tartare** 14
avocado, ginger-soy vinaigrette, baked wonton crisps
CAL 351 FAT 13g PRO 26g CARB 32g

SOUP

- Kuri Squash Soup** 9
dried cranberry, truffle, pepitas
CAL 157 FAT 3g PRO 3g CARB 32g

SALAD

- Organic Mixed Greens** 9
carrot, radish, tomato, sunflower seeds, lemon vinaigrette
CAL 183 FAT 15g PRO 4g CARB 9g
- Pomegranate** 9
local organic greens, pomegranate arils, goat cheese, granny smith apple, candied pecans, pomegranate vinaigrette
CAL 140 FAT 7g PRO 7g CARB 17g
- Baby Spinach** 9
red grape, toasted edamame, Maytag bleu cheese, apple-poppoypseed vinaigrette
CAL 292 FAT 20g PRO 16g CARB 16g

PROTEIN

- Organic Rosie Chicken Breast** 9
Orange-ginger marinated
CAL 250 FAT 7g PRO 39g CARB 7g
- Jumbo Shrimp** 11
sweet chile lime sauce
CAL 137 FAT 6g PRO 7g CARB 14g
- **Seared Salmon** 10
spice rubbed, ponzu sauce
CAL 472 FAT 31g PRO 42g CARB 4g

SIDE

- Steamed Vegetables** 5
CAL 65 FAT 5g PRO 1g CARB 5g
- Steamed Organic Brown Rice** 5
CAL 227 FAT 2g PRO 6g CARB 47g
- Root Vegetable Chips** 5
CAL 150 FAT 9g PRO 1g CARB 16g

• Items may be cooked to order; consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 10/2011

We proudly serve local and sustainable products from McClendon Farms, Seacat Gardens, Queen Creek Olive Mill, Crow's Dairy, Black Mesa Ranch, Green Valley and many other local artisans.

JW Marriott Camelback Inn, 5402 E Lincoln Dr, Scottsdale AZ, 85253, 480-948-1700

SPROUTS



natural . fresh . organic
seasonal . regional

ANTIOXIDANT ELIXIRS

- Spa Fresh Fruit Smoothie** 8
banana, pineapple, strawberry, blueberry, low-fat yogurt, pomegranate & orange juice
- Add 12g Protein** 2.5
- Organic Carrot Apple Juice** 6
McClendon Farms organic carrot, Granny Smith Apple
- Cucumber Cooler** 6
cucumber, mint, fresh lime juice
- Raspberry Rose Cooler** 6
raspberries, rose nectar, fresh lemonade
- Pomegranate Lemonade** 6

SANDWICHES

GLUTEN FREE BREAD ON REQUEST

- Chicken Panini** 13
pesto chicken, fontina, arugula, prosciutto, garlic basil spread, multigrain bread
CAL 801 FAT 53g PRO 40g CARB 41g
- Veggie Burger** 14
veggie patty, roasted peppers, tzatziki, organic lettuce, whole-grain sandwich thin
CAL 252 FAT 11g PRO 15g CARB 24g
- Roasted Vegetable Wrap** 12
squash, asparagus, peppers, Portabello, spinach, hummus, sun-dried tomato tortilla
CAL 258 FAT 6g PRO 11g CARB 43g
- **Sprouts Sliders** 15
choice of...
turkey burger, cranberry sauce, Swiss cheese, arugula
CAL 696 FAT 38g PRO 41g CARB 47g
Or
Angus beef burger, cheddar, lettuce, tomato, Mighty Moe Sauce
CAL 867 FAT 47g PRO 55g CARB 51g
- **Blackened Fish Sandwich** 15
Albacore Tuna, roasted red pepper aioli, arugula, whole grain sandwich thin
CAL 254 FAT 7g PRO 31g CARB 16g

DESSERT

- Chocolate Fondue – Good for Sharing** 12
seasonal fruit, fresh berries, angel food cake, whipped cream
CAL 773 FAT 34g PRO 8g CARB 127g
- Pumpkin Chocolate Chip Crème Brulee** 7
almond pumpkin seed florentine, fresh berries
CAL 571 FAT 37g PRO 4g CARB 60g
- Mango Sorbet** 7
marinated strawberries, mint, Saba
CAL 207 FAT 0g PRO 0g CARB 53g