

Summer 2008

THE LUXURY MAGAZINE FOR AMERICAN AIRLINES PREMIUM CLASS PASSENGERS | SUMMER 2008



# Sheryl Crow

## ROCKS ON

**THE NEW CONVERTIBLES**  
It's Open Season For Driving

**NATIONAL PARKS**  
How To Visit Them Like A V.I.P.

**SUMMER MUSIC SPECIAL**  
A Rock-And-Roll Report

**LUXURY MARINAS**  
Where To Park Your Superyacht

# The Platinum List

HOTELS • GOLF COURSES • SPAS • CRUISES

TOP

10  
SPAS

U.S.

Spa-savvy *Celebrated Living* readers have once again selected an A-list of spas for the Platinum List. This year, look for new treatments, updated facilities, and a focus on Eastern healing practices at some of your favorite facilities. Then check out the Editors' Choices for even more sublime spa options.

— NICOLE ALPER



### 1 CANYON RANCH, TUCSON, ARIZONA

Canyon Ranch continues its reign as the No. 1 oasis for our spa-seeking readership. Even with their new expansion at the Palazzo Tower of the Venetian in Las Vegas, Tucson is still where die-hard Canyon Ranch fans come to indulge. Spread across 150 desert acres in the foothills of Tucson's Santa Catalina Mountains, the spa features single-story, adobe-style cottages spread throughout grounds overflowing with cactus gardens, pools, and fountains. Great news for those who like to bring the spa experience home with them: In April 2008, the spa launched their new Canyon Ranch Your Transformation skincare line, now sold at Canyon Ranch properties and [www.saksfifthavenue.com](http://www.saksfifthavenue.com). (800) 742-9000 or (520) 749-9000, [www.canyonranch.com](http://www.canyonranch.com)

### 2 LAKE AUSTIN SPA RESORT, AUSTIN, TEXAS

Nestled in the beautiful Texas Hill Country, Lake Austin Spa Resort strikes that perfect chord between a world-class spa and a friend's summer escape by the lake. After a multimillion-dollar refurbishment, all 40 guestrooms now sport new aesthetic touches (e.g., handmade afghan throws) and high tech conveniences (such as large flat-panel televisions). But what many people love about Lake Austin Spa Resort is how small and intimate it is. One tip: Try the Texas Starry Night massage. (800) 847-5637 or (512) 372-7300, [www.lakeaustin.com](http://www.lakeaustin.com)

### 3 SPA AT JW MARRIOTT CAMELBACK INN, SCOTTSDALE, ARIZONA

Thirty-two is the magic number at the 32,000-square-foot Spa at JW Marriott Camelback Inn, with 32 luxurious treatment rooms to match. Nestled in the foothills of the Mummy Mountains, the spa takes its cue from nature: Floor-to-ceiling windows unveil a panoramic view of the valley. Restore moisture with a Kerstin Florian Saving Face Hydrating Facial before feasting on a bowl of Greer Farms butternut squash chowder at Camelback's spa restaurant, Sprouts, which has just revamped its menu. (800) 922-2635 or (480) 596-7040, [www.camelbackspa.com](http://www.camelbackspa.com) ➤



TOP

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**4 SPA GRANDE AT GRAND WALLEA RESORT HOTEL & SPA, MAUI**

Though the elegant 50,000-square-foot Grand Wailea Resort Hotel & Spa has always made the Platinum List, it is now even better. Recently completing a redesign, the spa now features a “grand” new entrance. Be sure to test drive one of the new wet tables during a luxurious Haleakala Dream exfoliation, which uses essential oils and spices. (800) 888-6100 or (808) 875-1234, [www.grandwailea.com](http://www.grandwailea.com)

**5 SPA AT MANDARIN ORIENTAL, MIAMI**

A deluxe three-level spa located on the 44-acre island oasis of Brickell Key, this chic Miami spa’s clientele ranges from upscale locals to celebrities. Immerse yourself in one of the six newly renovated top-floor treatment suites swathed in silk accents and decorative kimonos. New on the menu: Earth in Motion, incorporating bamboo stalks and tuning forks. (866) 888-6780 or (305) 913-8332, [www.mandarinoriental.com](http://www.mandarinoriental.com)

**6 SPA OJAI, OJAI VALLEY INN AND SPA, CALIFORNIA**

There’s big news at the California-based spa, famed for its seasonal body scrubs using locally grown ingredients: This year marks its 10-year anniversary. Celebrate a decade of spa success by indulging in their three-night spa package, including a stay in their cozy Shangri-La guestroom, luxurious treatments, and unique art and apothecary classes. (800) 422-6524 or (805) 646-5511, [www.ojairesort.com](http://www.ojairesort.com)

**7 SANCTUARY SPA AT SANCTUARY ON CAMELBACK MOUNTAIN, PARADISE VALLEY, ARIZONA**

There’s one place where Paradise and Asia meet: at the Asian-inspired 12,000-square-foot Sanctuary Spa in Paradise Valley, located on the north slope of Camelback Mountain. Wander along the 14-room boutique spa’s reflecting pond and through the Zen Meditation Garden. In

2008, the spa unveiled a new menu including a Rosemary Citron Salt Scrub and Espresso Mud hydrating treatment. (800) 245-2051 or (480) 948-2100, [www.sanctuaryaz.com](http://www.sanctuaryaz.com)

**8 SPA LA COSTA AT LA COSTA RESORT AND SPA, CARLSBAD, CALIFORNIA**

Set in sunny southern California, Spa La Costa is more than a place to get a massage — it’s a place to be social. La Costa’s outdoor courtyard and Agua de la Vida room are spacious enough to enjoy with a group of friends. When it’s time to relax, guests can wander into their private treatment rooms for a new Lava Shell Lomi Lomi massage using warmed tiger-clam shells from the Philippines. New to the spa menu: clinical treatments such as the 25-minute Eye Lift, which uses micro-currents. (800) 729-4772 or (760) 931-7570, [www.lacosta.com](http://www.lacosta.com)

**9 THE GREENHOUSE, ARLINGTON, TEXAS**

It’s ladies only at this top Texas spa. Try the cutting-edge Gyrotonics (known for fluid circular movements), kickboxing, or boot camp before slipping into a dreamy Cloud 9 Massage or a cypress Japanese Hinoki soaking tub. Special Weeks combine spa going with lectures from legendary actresses. (817) 640-4000, [www.thegreenhousespa.net](http://www.thegreenhousespa.net)

**10 SPA MONTAGE AT LAGUNA BEACH, CALIFORNIA**

Set on a coastal bluff overlooking the Pacific in south Laguna Beach, the 250-room Craftsman-style Montage Laguna Beach offers 30 acres of oceanfront luxury. Want a workout with a view? Lift weights at the 20,000-square-foot fitness facility overlooking the Pacific. And don’t miss the new Signature Lecture Series on the “Art of Joy” and the “Art of Romance,” offered monthly throughout the year. (949) 715-6000, [www.montagelagunabeach.com](http://www.montagelagunabeach.com) ➤