



FOR FURTHER INFORMATION, CONTACT:

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**THE SPA AT CAMELBACK INN
FACT SHEET**

- LOCATION:** Camelback Inn, A JW Marriott Resort & Spa
5402 East Lincoln Drive
Scottsdale, AZ 85253
(480) 596-7040
- Dramatically situated at the base of Mummy Mountain and surrounded by lush, natural landscaping, The Spa at Camelback Inn offers sweeping views of Camelback Mountain, Paradise Valley and the Phoenix skyline.
- OPENED:** Feb. 1, 1989
- RENOVATED:** The Spa underwent an \$8 million, “to-the-walls” renovation and reopened in November 2003.
- SPA CONCEPT:** The Spa at Camelback Inn, a uniquely Southwestern spa, is one of the first in the country to offer a unique blend of all major spa components including a comprehensive fitness and exercise center, pampering body and beauty treatments, and renowned, lifestyle-enhancing wellness programs which include diagnostic testing, education and nutrition counseling.
- SPA DIRECTOR:** Kelli Ziegler
- SPA HOURS:** 6:15 a.m. – 7:30 p.m. daily
- AWARDS:** #15 in *Travel & Leisure’s* Top 25 Hotel Spas in the U.S. & Canada
Best spa in Scottsdale – *AOL City Guide’s Best*
Best spa – *New Times Best of Phoenix & Scottsdale Life*
Best spa, best spa environment, best massage, best manicure/pedicure, best facial, and best anti-aging facial – *Phoenix Magazine*
Recognized in the premier spa guide *100 Best Spas of the World* by renowned spa writers Bernard Burt and Pamela Price Lechtman in 2001
- FACILITIES:** 32,000 square feet of interior space
Heated outdoor lap pool
Co-ed jacuzzi
Men’s hot tub and cold plunge pool, women’s hot tub
Complete men’s and women’s locker rooms
Separate Turkish steam rooms and Finnish saunas

Multi-station fitness gym
Aerobics/exercise room with resilient flooring and high-fidelity sound system
17 massage rooms
Eight facial rooms
Three Vichy rooms
Two natural sunbathing terraces
Four body treatment rooms with showers
Full-service Spa Salon
Custom lit make-up station
Four hair stations
Six manicure and six pedicure stations
Skin care boutique
Spa Boutique
Sprouts, a restaurant offering spa cuisine

SERVICES:

Wellness Center

Personal exercise program design
Computerized body composition analysis
Nutritional counseling
Personal training
Pilates training
Wellness programs designed by Dr. Kenneth Cooper, founder and president of
The Institute for Aerobic Research in Dallas

Exercise

Body Sculpture	BOSU
Healthy Back Conditioning	Pilates Matwork
Meditation	Powerwalk
Cardio Combo	It's A Ball
Strength & Stride	Water Aerobics
Yoga (Beginner and Intermediate)	Tai Chi

Body & Beauty Treatments

Swedish Massage
Shiatsu Massage (acupressure)
Therapeutic Massage
Aromatherapy Massage
Hot-Stone Massage
Body Treatment Wraps
Loofah Salt Glow
Bindi Herbal Body Treatments
Adobe Clay Purification Treatment
Para Joba Body Moisturizer
Sensitive, Reparative, Oxygenating and Dr. Perricone Facials

**EXERCISE
EQUIPMENT:**

The facility features a comprehensive fitness and exercise center equipped with high-tech treadmills, stair machines, stationary bicycles, a mountain bike simulator and state-of-the-art Cybex strength training equipment.

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